

MUNIR AHMED

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FRCS; FRCS (Urology); Diploma in Laparoscopic & Minimally Invasive Surgery (University of Strasbourg); Diploma in Reflective Practice and Teaching Observation (London); MSc in Medical Education (Cardiff), MAcadMED

Consultant Urological Surgeon
South London Healthcare Trust (SLHT)

Hon Senior Lecturer, Undergraduate Sub-Dean
King's College of Medicine, University of London



PROFESSIONAL PROFILE

Mr Ahmed trained in urology at St. George's, Eastbourne, and Nottingham. He was appointed Consultant Urological Surgeon in 1999 with special interest in endourology and laparoscopy for upper tracts, andrology and fertility, and urological cancers. He has written and published extensively on teaching and learning, patient empowerment, quality of care, and service delivery related issues. He has been an active member of the Local Research Ethics Committee (South East London) since 2002, and is currently Chair-Elect.

Mr Ahmed has been heavily involved in developing shared and continuum of care pathways with colleagues in general practice. He has given many presentations, including at surgeries, to develop a 'practice perspective' on common urological problems. Urological cancer investigation and treatments form a large part of his NHS and private practice. He is available to deal with all urological emergencies through BMI hospitals.

Mr Ahmed is also a Senior Lecturer and Undergraduate Sub-Dean at King's College of Medicine, University of London. He has introduced pharmacy and ultrasound teaching for undergraduates in Bromley and also acts as visiting faculty for curriculum and faculty development for Dow University of Health Sciences in Karachi. He has written book chapters and published original educational research.

Professional Qualifications

- ***MBBS*** - University of Karachi, November 1979
- ***LRCP, MRCS*** - The Conjoint Board, London, March 1983
- ***FRCS, England*** - June 1984
- ***FRCS, Edinburgh*** - June 1984
- ***Diploma in Urology*** - University of London, June 1990
- ***FRCS – Urology, U.K.*** - November 1997
- ***Diploma in Reflective Practice & Teaching Observation*** - University of London, 2002
- ***Diploma in Laparoscopic & Minimally Invasive Surgery*** - Strasbourg, France, 2005
- ***MSc. in Medical Education*** - University of Cardiff, 2008

Certificates & Diplomas

- Certificate in Inter-professional Education, London Deanery, 2006
- Certificate in Educational Mentorship, London Deanery, 2006
- Diploma in Qualitative Research Methods, National Research Ethics Service (NRES), 2008
- Certificate in Ethics of Research, NRES, 2009

Professional Memberships

- Royal College of Surgeons (RCS), England
- American Urological Association (AUA)
- European Urological Association (EAU)
- British Urological Association (BAUS)
- BAUS Section of Endourology
- Chair-Elect, Local Research Ethics Committee (LREC), South-East London
- Member of the Academy of Medical Educators (MAcadMED)
- The Association of European Healthcare Professionals

Other Appointments

- Chair-Elect, Local Research Ethical Committee (LREC)
 - Examiner, Royal College of Surgeons (RCS), England
 - Visiting Faculty, Dow University of Health Sciences, Medical Education, Pakistan
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MR AHMED AS A CLINICIAN

- Over 20 years experience in a wide spectrum of urology.
- Currently sees nearly 3,000 patients a year in the NHS and a large number in local private hospitals.
- Graduated after illustrious undergraduate years with honours in Internal Medicine, Pathology, Anatomy, and Public Health.
- After a substantial experience in General Surgery, Mr Ahmed trained in Urology in London, Eastbourne, and East Midlands (Nottingham, Derby, and Leicester).
- Completed his CCST in 1998 and was appointed as Consultant Urological Surgeon at Bromley Hospitals NHS Trust (Now part of South London Healthcare Trust) in February 1999, bringing expertise in laser surgery, kidney stone surgery, laparoscopy, andrology, and infertility to the day-to-day operations of the NHS.
- Focused on developing patient focused pathways of care with a smooth journey for the patient through the system with minimum (and wherever possible, single-stop) clinics.
- Established Andrology and Fertility Service (with his gynaecological colleagues), laser treatment for the prostate and kidney stones, Laparoscopic (key-hole) treatment for the kidney cancer, and key-hole surgery for stones.
- As part of cancer networks, he has a major involvement in cancer investigation and treatment, including laparoscopic treatment of kidney cancer.
- Forged links with colleagues in colo-rectal, upper GI and gynaecological surgery, allowing his patients to get integrated care with an individualized and focused care.
- Works in close association with his GP colleagues for the patient care to continue seamlessly even after the patients are discharged from his immediate care.

MR AHMED AS AN EDUCATIONALIST

- **Education related qualifications:**
 - MSc in Medical Education, Cardiff 2009
 - Member of the Academy of Medical Educators (MAcadMED), 2009
 - Diploma in Reflective Practice and Teaching Observation, University of London, 2005
 - Certificate in Inter-professional Education, London Deanery, 2006
 - Certificate in Educational Mentorship, London Deanery, 2006
 - Diploma in Qualitative Research Methods, National Research Ethics Service (NRES), 2008
- Examiner (local and overseas) for MRCS (OSCE and 'traditional') for 5 years; Examiner for Final MBBS (King's College of Medicine)
- Undergraduate Sub-Dean and Hon Senior Lecturer for King's College of Medicine, University of London.
- Visiting Faculty in Medical Education at Dow University of Health Sciences, Pakistan Association of Urological Surgeons
- **Strategic Role:** Core member of Foundation Programme, from pilot to the current date with responsibility for developing teaching methods and materials, evaluation, faculty development, developing and sustaining the educational environment, steering the educational cultural change.
- **Leadership Role:** Surgical Tutor over 5 years during pilots & embedding of Intercollegiate Curriculum Project (ISCP), developing local training strategy. Developed programmes for Pharmacy and Ultrasound skills for the undergraduates.
- **Skills learning and Teaching:** Educational Concepts and Methods: Local Skills Workshops, ALT (Interprofessional Learning, reflective forums), SSModule for undergraduates, 'Surgical Training Cart'. Workshops on Educational concepts, curriculum development, faculty development.
- **Direct Teaching:** 'Case Based' Urological Learning Portfolio for GPs, 'Emergency' Urology Guidelines development, regular teaching workshops in-house and overseas for GPs, junior and senior surgical trainees.

- **Educational Supervision and Work-based Assessments:** GP trainee for MSc in Urology, SpRs, Core Surgical Trainees, Foundation Trainees, Undergraduate Students, and non-medical health care staff.
- **Curriculum Development:** Committee for Dow University of Health Sciences, Karachi. Honorary faculty member of Department of Medical Education.
- **Simulation and Other Innovation:** 'STeLi' in Urology project of London Deanery (Simulation Training), co-developed course material and programme; now 'core faculty'. The Project was awarded 'Educational Innovation'.
- **Original Educational Research:** Dissertation for MSc in Medical education from Cardiff University. Reflective Learning: Attitudes and understanding amongst Foundation Programme Trainees and Trainers'. Presented at ASME educational innovations meeting in Leicester 'Reflective practice in the Foundation Programme- Lost in translation?' Other on-going educational research projects. 'Mobile Surgical Simulator' presented to AMEE and SIU in 2012.
- **Educational Publications:** 'How to become a selectable Foundation doctor for core training'; book awaiting publication (Radcliffe Publishing, London); Chapters on 'Integration of Competences' and 'Urogenital System in 'The Biology of Aging' in 2012.
- **Reviewer for Journals:** British Journal of Urology Advances in Urology, International Journal of Urology, and Arab Urology.

MR AHMED AS A RESEARCHER

- **Research for Thesis:** Research work in Eastbourne was funded by the South East Thames Regional Health Authority through the Locally Organised Research Scheme (LORS). This grant was for three years to investigate alternative energy sources in the treatment of Benign Prostatic Hyperplasia (BPH).

Mr Ahmed's project was to define the role of transurethral microwave thermotherapy with urethral cooling using high-energy software (Prostatron Version 2.5™). The trial protocol was based on the American Urological Association's (AUA) guidelines for the investigation of devices for BPH treatment.

This was a prospective, randomised, controlled, parallel study. Thirty patients each were entered into two groups (TURP and TUMT). Multiple efficacy parameters were measured at base line and 6 months after the treatment. The study was completed in December 1994.

Results of the main project were presented at the British Association of Urological Surgeons' annual meeting in June 1995 and published in the British Journal of Urology in 1997. The data generated was also analysed for the effect of microwaves on the detrusor activity and sexual function. A paper based on this data was presented to the AUA's annual meeting in Orlando in May 1996.

- **Educational Research**
- Service Development and Patient care research
- **Research and ethics:** An active member of the Local Research Ethics Committee (LREC) for South-East London since 2002. Chair-elect for LREC since October 2011.

PUBLICATIONS

Papers

- "Duodenal Tuberculosis", Munir Ahmed and Mushtaq Ahmed, *JPM* (1985); **35** : 53-54

- “Cystitis Associated with Tiaprofenic Acid”, Munir Ahmed , OW Davison, *Brit. Med. J* (1991); **303** :1376
- “Sclerotherapy with Aqueous Phenol for Out-patient Treatment of Hydrocele and Epididymal cysts”, Munir Ahmed, *JPMA* (1992); **42(7)** : 159-161
- “Iatrogenic duodeno-cutaneous fistula at PCNL managed conservatively”, Munir Ahmed , R Reeve, *Brit. J Urol* (1995); **75** : 416-417
- “Mullerian Duct Prostatic Cyst treated by Tetracycline Sclerotherapy”, Munir Ahmed, JW Palmer, *International Urology & Nephrology* (1995); **27(2)** : 193-197
- “Placenta percreta involving urinary bladder”, RE Teo, M Ahmed, CP Chilton, *Brit. J Urol* (1996); **78** : 140
- “Malignant mesothelioma of tunica vaginalis diagnosed by pre-operative aspirate cytology”, Munir Ahmed, R Chari, G Mufti, Azzopardi A, *International Urology and Nephrology* (1996) ; **28(6)** : 793-796
- “Transurethral microwave thermotherapy (Prostatron™ version 2.5) compared with transurethral resection of prostate for the treatment of benign prostatic hyperplasia: a randomized, controlled, parallel study”, M Ahmed, T Bell, W Lawrence, J Ward, G Watson, *Brit. J Urol* (1997) ; **79** : 181-185
- “Benign polyps with prostatic type epithelium of the urethra and the urinary bladder” MI Anjum, M Ahmed, N Shrotri, A Azzopardi, GR Mufti, *International Urology and Nephrology* (1997) **29**: 313-317
- “High dose intravenous oestrogen in the treatment of symptomatic, metastatic hormone refractory carcinoma of prostate”, Munir Ahmed, S Choksy, CP Chilton, KW Munson, JH Williams *International Urology & Nephrology* (1998); **30(2)**: 159-164
- “The role of colour Doppler imaging in the management of Peyronie’s disease”, Munir Ahmed, CP Chilton, KW Munson, JH Williams, G Turner, *Brit. J Urol* (1998); **81**: 604-606

- “Prostatic infarction/infection in acute urinary retention secondary to benign prostatic hyperplasia”, I Angum, M Ahmed, A Azzopardi, GR Mufti, *J Urol* (1998); **160**: 292-293
- “Metallic mesh stents for ureteric obstruction from ‘hormone resistant carcinoma’ of prostate”, Munir Ahmed, CP Bates, MC Bishop, *Journal of Endourology*
- “Large symptomatic Mullerian duct cyst treated by tetracycline sclerotherapy”, *Urology Reviews* (Helix Communications AB)
- “Malignant Mesothelioma of tunica vaginalis diagnosed by pre-operative aspirate cytology.” *Urology Reviews* (Helix Communications, AB)
- “Development and implementation of centralized simulation training-evaluation of feasibility, acceptability and construct validity”. Kamran Ahmed, Prokar Dasgupta, Munir Ahmed, et al. *BJU Int* (2012). 1464-410X.2012.11204.x

Abstracts

- “Effect on sexual function of transurethral microwave thermotherapy for benign prostatic hyperplasia”, Munir Ahmed, T. Bell, W. Lawrence, J. Ward, and G. Watson. AUA annual meeting, Orlando, 1996. *J Urol* (1996); **155 (5)** Abstract No. 376
- “Role of colour Doppler imaging in the management of Peyronie’s disease”, M Ahmed, CP Chilton, KW Munson, JH Williams, G Turner, EAU’s XIIth congress, Paris, 1996, *Euro Urol* (1996); **30 (suppl 2)** Abstract No. 843
- “High dose intravenous oestrogen in the treatment of symptomatic, metastatic hormone refractory carcinoma of prostate” Munir Ahmed, S Choksy, CP Chilton, KW Munson, JH Williams, EAU’s XIIth congress, Paris, 1996, *Euro Urol* (1996); **30 (suppl 2)** Abstract No. 530
- “Metallic mesh stents for ureteric obstruction from ‘hormone resistant’ carcinoma of prostate”, Munir Ahmed, CP Bates, MC Bishop, AR Manhire, *J Endourol* (1997) ; **2 (suppl 1)**: S92

- “Management of Primary Upper ureteric stones after failed ESWL”, Munir Ahmed, CP Bates, MC Bishop, JL Lemberger, *J Endourol* (1997); **2 (suppl 1)**: S176
- “Changes in the management of primary upper ureteric stones resulting from an audit of ESWL failures”, Munir Ahmed, CP Bates, MC Bishop, JL Lemberger, *Euro Urol* (1998); **33 (suppl 1)**: Abstract No. 479
- “MRSA infection in Urine-a urological perspective”, D. Dryhurst, P. Patel, A. McCay, and M. Ahmed. Web Published Abstract No. 1013, European Urological Association (Presented in Milan, Italy 28-03-08). *Eur Urol Supp* (2008); **7(3)**:324
- “Reflective Practice in the Foundation Programme Curriculum. Lost in Translation? . L Pegsley, M Ahmed, ASME meeting in Leicester. Sep 2008
- “Do patients think they are coerced into treatment decisions?”, A perceived coercion study. October 2008 South Thames Regional Meeting, A Patel, D Dyrhurst, M Ahmed
- “Relevance of lessons learnt from an audit of MRSA in the urine”, October 2008 South Thames Regional Meeting, A Patel, D Dyrhurst, M Ahmed
- “Do patients think they are coerced in to treatment decisions- A perceived coercion study”. A Patel, D Dyrhurst, Munir Ahmed. EAU April 2010. *Euro Urol* (2010). Vol 9 (2), pp 176
- “Clinician Awareness and one year exposure in Urolithiasis”, Stephen Pinder-Hales and Munir Ahmed. American Urological Association Meeting , Chicago. April 2009. *J Urol* (2009); **Vol 181, issue 4**
- “A Report- The Multifactorial benefits of information videos: Educators and Patients” . Jeremy Nettleton, Wasim Mahmalgi, Chris Buckle, Munir Ahmed. World Congress of Endourology, Istanbul. September 2012 poster 423. *J Endo(2012)* **Vol 26, Supple 1.**
- “The Mobile Surgical Simulator: Views of Junior Surgical Trainees”. Chris Buckle, Wasim Mahmalgi, Munir Ahmed. AMEE. Lyon August 2012.

- “The mobile surgical simulator: views of junior surgical trainees”. Buckle C, Mahmalji W, Nettleton J, Phan Y, Ahmed M. Urology 80 (supp 3A) S348, Sept 2012.

Book Chapters

- “Integration of Competencies” pp. 837-840 in Urolithiasis: Basic Science and clinical practice. Talati, JJ; Tiselius, HG; Albala, DM; YE, Z (Eds). 2012, XL, Springer, New York.
- “Urogenital System” chapter 11, pp. 157-165 in The Biology of Aging. Abdullah, A; Gurcharan, R. (Eds). 2012, Radcliffe Publishing, London and New York.

Editorship

- “How to become a selectable Foundation doctor for Core training”; book awaiting publication in June 2013 (Radcliffe Publishing, London).

Patient Information Video

- “NHS-TURP” J. Nettleton and M. Ahmed on [YouTube](http://www.youtube.com/watch?v=uutAUKOGy4k) : <http://www.youtube.com/watch?v=uutAUKOGy4k>