

Bing Zee-Khakwani

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Registered General Nurse (RGN), Nurse Independent/Supplementary
Prescriber, Diploma in Primary Care Diabetes Management,
Diploma in Operating Theatre Nursing

Current Appointments

- Specialist Nurse to a Consultant Urological Surgeon (Mr Munir Ahmed)
- Manager & Director, Urology & Healthcare Limited, Doll House, 48A Murray Avenue, Bromley, BR1 3DQ
- Practice Nurse (Part-time)-Diabetes and Prescribing Nurse, Kingfish Medical Centre, Staunton Street, Deptford, London, SE8 5DA

Professional Qualifications

- **Nurse Independent/Supplementary Prescriber** - July 2007, King's College, London
- **Diploma in Primary Care Diabetes Management** - Jan 2006, Bradford, UK
- **Diploma in Information Technology** - Dec 2002, Bromley College, UK
- **NVQ in Accountancy Level 2 & 3** - Jan 2001, North West Kent College, UK
- **Diploma in Management** - July 1996, Open University, UK
- **Registered General Nurse (RGN)** - May 1992, UK
- **ENB Course 188 (Operating Theatre Nursing)** - Nov 1988, UK
- **Enrolled Nurse (EN- General)** - Sep 1987, UK

Experience

- **Manager/Business Partner**, Urology & Healthcare Practice, Apr. 2010 – Present
- **Practice Nurse (Part-Time)**, Kingfish Medical Centre, Deptford, London, Sept. 2005 – Present
- **Practice Nurse**, Baring Medical Centre, Dec. 2004 – July 2005
- **Practice Nurse (Part-time)**, Dr Gnanchelvan's Surgery, Aug. 2004 – Sept. 2005
- **Practice Nurse**, Poverest Medical Centre, May 2002 – June 2004
- **Assistant / Business Manager to a Consultant Urological Surgeon (Mr Munir Ahmed)**, Feb 1998 – March 2010
- **Staff Nurse**, Ashcroft Nursing Home, Aug. 1999 – Dec. 2001
- **Senior Staff Nurse in a Spinal Injury Unit**, Beechcare Nursing Home, Aug. 1996 – Dec. 1998
- **Staff Nurse**, Dartford & Gravesham Health Authority, June 1992 – July 1996
- **EN in Operating Theatre and Paediatric**, Dartford & Gravesham Health Authority, Nov. 1988 – Aug. 1990

Professional Education & Training

- **Dartford & Gravesham School of Nursing**, General Nurse Training (Level 2), Aug. 1985 – Sept. 1987
- **ENB Course 188 (Operating Theatre Nursing)**, Bromley School of Nursing, Sept. 1987 – Nov 1988
- **ENB Course 188 (Operating Theatre Nursing)**, Bromley School of Nursing, Sept. 1987 – Nov. 1988
- **RGN Conversion Course**, Thames College of Healthcare Studies, Sept. 1990 – May 1992
- **Certificate in Management (General)**, The Open University, July 1994
- **Diploma in Management**, The Open University, July 1996
- **NVQ in Accountancy Level 2 & 3**, North West Kent College, Jan. 2000 & Jan. 2001
- **Diploma in IT**, Bromley College, UK, Dec. 2002
- **Diploma in Primary Care Diabetes Management**, Bradford, May 2005 – Nov. 2005
- **Nurse Independent/ Supplementary Prescriber**, Kings College, London, July 2007

Further Professional Education & Courses

- **What's the Future of Osteoporosis?** 2 – 3 Sept, 2005
- **The Government Health Strategy and You**, 29 June, 2005
- **Practical Diabetic Foot Update**, 11 May, 2005
- **Smoking Cessation - Level 2 Training (Lewisham Primary Care Trust)**, 5 – 6 May, 2005
- **Hypertension Study Day**, 17 Sept., 2004
- **Cervical Cancer Screening Course for Health Care Professionals**, May – Dec. 2003
- **Research for Cardiovascular Health in the Community Conference**, 30 June, 2003
- **ECG Training for Practice Nurses**, 12 June, 2003
- **Coronary Heart Disease, Diabetes & Respiratory Disease: A Clinical Update (RCN Certificate)**, 22 April, 2003
- **Menopause Training**, 13 March, 2003
- **The Basics of Travel Medicine (GP Forum Health Education)**, 27 Feb., 2003
- **Ear Car Study Day for Primary Care Practitioners**, 19 Dec., 2002
- **Immunisation Training Module 2 (Childhood)**, 8 Oct., 2002
- **Immunisation Training Module 2 (Adult)**, 30 Sept., 2002
- **Immunisation Training Module 1**, 3 Sept., 2002
- **Wound Management 2**, 11 July, 2002
- **Wound Management 1**, 20 June, 2002

Summary of Knowledge, Skills, & Expertise

Mrs. Bing Zee-Khakwani qualified as an Enrolled Nurse (EN – General) in 1987. She progressed through various specialities including A & E, Paediatric and Operating Theatre (acquired ENB course 188). In 1992, she completed a conversion course to Registered General Nurse (RGN). While working as a hospital nurse, she also studied and completed a Diploma in Management from Open University in 1996. To diversify her skills, she took up a senior nurse post in a spinal injury unit at Beechcare Nursing Home in Dartford. In this challenging position, she developed a strong interest in working within the community setting.

Zee-Khakwani started working as an assistant to a consultant urologist and running his private practice. While in this role, she continued to acquire new skills in accountancy and information technology.

In 2002, Zee-Khakwani felt that she could further her career in nursing, specifically primary care nursing, and took a post as practice nurse at Poverest Medical Centre. This position has confirmed her immense interest in community nursing, and since then she has attended many courses and study days to learn, develop and further her professional knowledge, skills and competences. Zee-Khakwani aims to provide direct access to specialist nursing care for undifferentiated patients within the practice population.

In her posts at Dr. Gnanchelvan's Surgery, Baring Medical Centre and Kingfish Medical Centre, Zee-Khakwani has undertaken diagnostic, health screening, health education and health promotion, and chronic disease management (e.g. Asthma, CHD, COPD and Diabetes). Additionally, she runs the diabetic clinic with the dietician, podiatrist and the general practitioner and collaborates with other health professionals and agencies as appropriate.

Zee-Khakwani has completed the Bradford Diabetes Diploma Course and is working diligently to advance her professional development in primary care nursing.

She holds a full, clean driver's licence and has a vehicle she can use for work-related purposes.

Professional Registration Reference Number

NMC (Nursing & Midwifery Council) PIN: 85Y3624E (Renewal Date: Sept. 2012)